



# Constable Country & Rural Suffolk

## 1st September 2019

### 5 Days from £485pp\*



**North Staffordshire National Trust Association**



*Explore mediæval towns, idyllic villages and the soft rolling landscapes as immortalised in Constable's famous paintings*

### Exclusively Regent Tour Itinerary

- ◇ Fully escorted by a Regent Tour Manager (subject to minimum numbers)
- ◇ 4 nights Half Board at The Mill Hotel, Sudbury
- ◇ A guided walking tour of Ely & self-guided tour of Ely Cathedral
- ◇ Guided visit to National Trust Flatford Mill
- ◇ Entrance to Lavenham Guildhall, Ickworth House & Anglesey Abbey (National Trust)
- ◇ A visit to the National Horse Racing Museum in Newmarket
- ◇ A variety of guided scenic tours around Constable Country
- ◇ Learn about the history & see the workings of the Woodbridge Tide Mill
- ◇ Explore pretty seaside towns
- ◇ Executive coach with local departure points

\* The price includes £20 per person National Trust donation

#### Sunday 1<sup>st</sup> September 19

We depart this morning to the historical city of Ely, full of charm and beauty. Enjoy a self-guided tour of one of the most magnificent Cathedrals in England followed by a guided walking tour of Ely with its fascinating past. We continue our journey to Sudbury, birthplace of Thomas Gainsborough, and finally, our hotel 'The Mill', home for the next 4 nights. (D)

#### Monday 2<sup>nd</sup> September 19

This morning we meet our guide and visit East Bergholt, birthplace of John Constable. An unspoilt village with many fine old houses, it is typical of the rolling Suffolk landscape which has inspired many artists. Visit Dedham church, with its 131ft tower, and enjoy a tour of National Trust Flatford Mill, a place which inspired many of Constable's paintings. This afternoon visit Lavenham, one of Britain's best-preserved mediæval villages, see half-timbered houses dotted along the High Street as we head to the 16th-century National Trust Guildhall, where you can walk through history & explore fascinating exhibits. (B,D)

#### Tuesday 3<sup>rd</sup> September 19

After breakfast we take a scenic drive into rural Suffolk through the pretty villages of Clare and Cavendish. See traditional 'Suffolk pink' pastel coloured cottages and Tudor timber framed buildings en-route to Bury St Edmunds. Enjoy a guided tour of Bury St Edmunds with free time before setting off once more to the National Trust property of Ickworth House. Explore the house which sits at the heart of the estate. One man's passion and vision of an Italianate Palace in the heart of Suffolk. (B,D)

#### Wednesday 4<sup>th</sup> September 19

Today we visit the coast, heading to the delightful seaside town of Southwold, with its charming traditional sea-front dotted with colourful beach huts. En-route we drop in at Snape Maltings, famed for its connections to Benjamin Britten. Then we continue the Britten theme as we head to Aldeburgh with its historic streets and scenic sea-front pebbled beach. Enjoy a fascinating and historical visit to Woodbridge Tide Museum before heading back to our hotel. (B,D)

#### Thursday 5<sup>th</sup> September 19

After breakfast we travel to Newmarket to visit the National Horseracing Museum. After a stop for lunch (at own expense) in the town, we have a final Guided tour of the gallops before continuing to National Trust Anglesey Abbey, formerly a priory with parts still remaining of the private home of the Fairhaven family. We then begin our journey back to Staffordshire, arriving mid evening. (B)

### The Mill Hotel, Sudbury

A beautifully converted water mill on the banks of the picturesque River Stour. Its history dates back to Saxon times. With swans gliding past a whitewashed mill, framed by alluring weeping willows. Abundant green water-meadows stretch as far as the eye can see.

#### Bedrooms:

Elegant, warming and welcoming, en-suite rooms.



#### Facilities:

Dine in The Mill Restaurant & Bar, overlooking the Mill pond.



#### Mobility:

No Lift at Hotel

Please notify Regent of all health, mobility and dietary requirements at time of booking, or if health declines over the booking period. All room requests will be noted but cannot be guaranteed.

\* £80pp single room supplement

\* Price for Non National Trust Members available on request

**To book your place on this tour, please send completed booking form and £75.00pp made payable to Regent Travel.**

**Tour on sale date 27th December 2018 and bookings must be made by 31st January 2019.**

FOR MORE INFORMATION ON THIS DEPARTURE PLEASE CONTACT:

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